

# Nutritional Counseling Payment Policy

Applies to the following CarePartners of Connecticut products:

- ☒ CareAdvantage Preferred
- ☒ CarePartners Access

The following payment policy applies to CarePartners of Connecticut contracting independent nutritional counselors only.

In addition to the specific information contained in this policy, providers must adhere to the policy information outlined in the [Professional Services and Facilities Payment Policy](#).

**Note:** Audit and disclaimer information is located at the end of this document.

## Policy

CarePartners of Connecticut provides coverage for medically necessary nutritional counseling services, in accordance with the member's benefits.

## General Benefit Information

Services and subsequent payment are pursuant to the member's benefit plan document. Member eligibility and benefit specifics should be verified prior to initiating services by logging on to the secure Provider [website](#) or by contacting Provider Relations at 888-341-1508.

### Diabetes Self-Management Training

Diabetic self-management training (DSMT) services are covered for members who have been diagnosed with diabetes and meet the Medicare criteria. Refer to the [Medicare Diabetes Prevention Program](#) for more information.

### Medical Nutrition Therapy

Members who have been diagnosed with diabetes, renal disease (but who are not on dialysis), or who have had a kidney transplant are covered for 3 hours of one-on-one counseling services during their first year of services and up to two hours annually thereafter.

## Authorization Requirements

A physician order is required for nutritional counseling services.

## Billing Instructions

The following codes are applicable to nutritional counseling services:

Code	Description
97802	Medical nutrition therapy, initial assessment, and intervention 15 minutes = 1 unit. Maximum 75 minutes (five units) allowed
97803	Medical nutrition therapy, reassessment, and intervention 15 minutes = 1 unit. Maximum 60 minutes (four units) allowed
G0270	MNT reassessment and subsequent intervention(s)
G0108	Diabetes outpatient self-management training services, individual, per 30 minutes
G0109	Diabetes outpatient self-management training services, group session (two or more), per 30 minutes

**Note:** For services not covered under the members benefit, the member assumes liability and is responsible for paying the provider directly on a cash pay-basis at a 25 percent discount from the provider's standard fee for services and programs that are the same or similar to the services that are provided to individuals who are not CarePartners of Connecticut members.

## Document History

- September 2023: Annual policy review; administrative updates
- June 2022: Annual policy review; administrative updates
- May 2019: Policy reviewed by committee; no changes
- January 2019: Document created

## Audit and Disclaimer Information

CarePartners of Connecticut reserves the right to conduct audits on any provider and/or facility to ensure compliance with the guidelines stated in this payment policy. If such an audit determines that a provider/facility did not comply with this payment policy, CarePartners of Connecticut will expect the provider/facility to refund all payments related to noncompliance. For more information about CarePartners of Connecticut's [audit policies](#), refer to the CarePartners of Connecticut public Provider website.

This policy provides information on CarePartners of Connecticut claims adjudication processes. As every claim is unique, this policy is neither a guarantee of payment, nor a final indication of how specific claim(s) will be adjudicated. Claims payment is subject to member eligibility and benefits on the date of service, coordination of benefits, referral/authorization, and utilization management requirements (when applicable), adherence to plan policies and procedures, and claims editing logic. An authorization is not a guarantee of payment. Claims for services subject to authorization may be reviewed for accuracy and compliance with payment policies.

This policy applies to the CarePartners of Connecticut products identified by the checkboxes on page one. CarePartners of Connecticut reserves the right to amend a payment policy at its discretion.