

International Normalized Ratio (INR) Testing Options During COVID-19 Crisis

CarePartners of Connecticut members on Warfarin who are not vaccinated against COVID-19 should contact their primary care provider (PCP) to discuss the risk of delaying INR testing versus the risk of breaking social isolation. PCPs may offer members the following options:

- Advise members to stop Warfarin if the indication for use is no longer medically necessary.
- Suggest the testing be delayed, if safe and stable to do so. Recommendations can be found on the [Anticoagulation Forum](#), question 3.
- Prescribe in home self-INR testing for the appropriate candidates who meet medical necessity. For example, the member must be on Warfarin for at least three months. The member's manual dexterity and cognitive abilities must all be considered when prescribing this option. Examples of accepted criteria to define members who qualify are listed:
 - In the [Medicare National Coverage Determination Manual \(NCD Manual\), Section 190.11](#), or
 - On the [Anticoagulation Forum](#).
- Order labs to be drawn in the member's home. Quest Diagnostics located at 200 Forest Street, Marlborough, MA 01752 provides home-based lab services in Connecticut.
- Switch members to a Direct-Acting Oral Anticoagulant listed on the formulary for the duration of the COVID-19 crisis, if indicated for their condition. **Note:** Members will be required to pay a higher brand copay.