

# **Telehealth/Telemedicine Payment Policy**

Applies to the following CarePartners of Connecticut products:

□ CareAdvantage Preferred

□ CarePartners Access

The following payment policy applies to providers who render telehealth/telemedicine services to members of the CarePartners of Connecticut plans selected above.

Note: Audit and disclaimer information is located at the end of this document.

## **Policy**

CarePartners of Connecticut covers medically necessary telehealth and/or telemedicine services consistent with applicable state mandates and in accordance with the member's benefit plan document. Services covered under telehealth should be clinically appropriate and not require in-person assessment and/or treatment. CarePartners of Connecticut defers to the provider to make this determination.

All CarePartners of Connecticut contracting providers, including specialists and urgent care facilities, may provide telehealth/ telemedicine services to members for medical, behavioral health, ancillary health, and home health care visits (i.e., skilled nursing, PT, OT, and ST) for new and existing patients.

#### **Documentation Requirements**

Documentation requirements for telehealth services are the same as those required for any face-to-face encounter, with the addition of the following:

- A statement that the service was provided using telemedicine or telephone consult;
- The location of the patient;
- · The location of the provider; and
- The names of all persons participating in the telemedicine service or telephone consultation service and their role in the encounter.

#### General Benefit Information

Services and subsequent payment are pursuant to the member's benefit plan document. Member eligibility and benefit specifics, including cost-share, should be verified prior to initiating services by logging on to the secure Provider portal or by contacting CarePartners of Connecticut Provider Services at 888-341-1508.

## Referral/Prior Authorization/Notification Requirements

Certain procedures, items and/or services may require prior authorization. While you may not be the provider responsible for obtaining prior authorization, as a condition of payment you must confirm that prior authorization has been obtained. For more information, refer to the <u>Referral</u>, <u>Prior Authorization</u>, <u>and Notification Policy</u>.

No referrals are required for in-network services. Referrals are required for out-of-network services rendered for HMO members.

# **Billing Instructions**

Unless otherwise stated, CarePartners of Connecticut follows industry-standard coding guidelines. Refer to current industry-standard coding guidelines for a complete list of ICD, CPT/HCPCS, revenue codes, modifiers, and their usage. Providers may only bill the procedure code(s) in accordance with the applicable financial exhibits of their provider agreements and applicable fee schedules.

Use of labs not participating in the member's applicable network(s) may have the unintended consequence of subjecting the member to unnecessary services not ordered by the treating provider or other unreasonable financial exposure. In such circumstances, CarePartners of Connecticut may hold the ordering provider accountable for any inappropriate behavior on the part of the nonparticipating lab that has been selected.

Providers must bill the following code combination(s) for telehealth/telemedicine services:

Professional Claims	Facility Claims
<ul><li>POS 02 or 10</li><li>Modifier 95 or GT</li></ul>	<ul> <li>Appropriate revenue code(s)</li> <li>POS 02 or 10</li> <li>Modifier 95 or GT</li> </ul>

#### **POS Codes**

POS	Description
02	Patient <b>is not</b> located in their home when receiving health services or health-related services through telecommunication technology
10	Patient <b>is</b> in their home (a location other than a hospital or other facility where the patient receives care in a private residence) when receiving health services or health-related services through telecommunication technology

#### **Telehealth Modifiers**

In addition to the guidelines in the previous section, providers should bill with the appropriate license-level modifier and all other billing guidelines, as specified in the applicable payment policies.

**Note:** Do **not** append modifiers to procedure codes that are inherently telehealth services (e.g., telephonic codes), as this is indicated by the appropriate POS code. Claims incorrectly billed with these modifiers may result in a denial.

Modifier	Description
95	Synchronous telemedicine service rendered via a real-time interactive audio/video telecommunications system; may only be appended to services listed in Appendix P of the AMA CPT Manual
GT	Interactive audio/video telecommunication systems

# **Compensation/Reimbursement Information**

Providers are compensated according to the applicable contracted rates and applicable fee schedules.

Under CMS rules, special codes already exist for certain telephonic services and those codes will be paid at the CMS fee schedule.

Services provided outside usual office hours through interactive mechanisms are not eligible for the addition of a 99050, 99051, 99053, 99056, 99058, or 99060 code, since interactive services are not limited to standard office hour time frames.

Communication with the member's PCP and other treating providers is expected as part of the service and is not compensated separately. Provider-to-provider discussions without the member being present are not separately compensated.

#### **Additional Resources**

- Evaluation and Management Professional Payment Policy
- Provider Resource Center

### **Document History**

- Annual policy review; no changes
- July 2022: Policy created to reflect non-COVID-state billing and coverage guidelines effective for dates of service on or after September 1, 2022

#### Audit and Disclaimer Information

CarePartners of Connecticut reserves the right to conduct audits on any provider and/or facility to ensure compliance with the guidelines stated in this payment policy. If such an audit determines that a provider/facility did not comply with this payment policy, CarePartners of Connecticut will expect the provider/facility to refund all payments related to noncompliance. For more information about CarePartners of Connecticut's <u>audit policies</u>, refer to the CarePartners of Connecticut public Provider website.

This policy provides information on CarePartners of Connecticut claims adjudication processes. As every claim is unique, this policy is neither a guarantee of payment, nor a final indication of how specific claim(s) will be adjudicated. Claims payment is subject to member eligibility and benefits on the date of service, coordination of benefits, referral/authorization and utilization management requirements

(when applicable), adherence to plan policies and procedures, and claims editing logic. An authorization is not a guarantee of payment. Claims for services subject to authorization may be reviewed for accuracy and compliance with payment policies.

This policy applies to the CarePartners of Connecticut products identified by the checkboxes on page one. CarePartners of Connecticut reserves the right to amend a payment policy at its discretion.

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